



MCFSC NEWS

INSIDE THIS ISSUE:

BASICS

Session A is now under way. The last day of classes for Monday skaters is October 26th and for Wednesday skaters is October 28th. Session B forms have gone out in the mail and are due Saturday, October 24th if by mail, or registration will be held October 29th from 5:30 pm – 7:00 pm at the Maysa. The first days of Session B Basic Skills classes are November 9th for Monday skaters and November 4th for Wednesday skaters. We will be offering a



Hockey 2 class this session for those skaters who have passed Hockey 1.

For questions regarding Basic Skills classes please call Shayna @ 838-2282 (Mon. – Fri., 5 pm – 9 pm or weekends anytime) or leave a message @ MCFSC @ 838-6720

| | |
|------------------------|---|
| Basics | 1 |
| Nationals | 1 |
| Testing & Competitions | 1 |
| Wanted | 1 |
| Halloween Party | 2 |
| Fundraisers | 2 |
| Ice Show | 3 |
| Tip Corner | 3 |
| Newsletter News | 3 |
| Mark Your Calendars | 4 |

NATIONALS

National ice runs through October 30th. Session B forms have gone out in the mail and are due October 28th. No MCFSC member will be allowed to skate without a completed registration form along with initial payment received in the mail. Skaters will not be allowed to register or skate unless the previous session has been paid in full. Skaters with an overdue balance are considered not in good standing and cannot compete or test anywhere until their account is paid in full. As always....Please remember to check the club bulletin board for any announcements!

TESTING & COMPETITIONS

National testing is scheduled for Saturday, October 31st.

Planning has started for our annual January competition. The competition is for Basic and National level skaters. It will be held January 9th & 10th. If you are able to help, please contact Susan Brekke-Wentz or the club office.

Wanted!!

COACHES

If you or someone you know would like to be a coach for any of our group classes, please send a resume to the club @ MCFSC, PO Box 735, Minot ND 58702.

COMMITTEE VOLUNTEERS

We need volunteers for our committees. Anything from fundraising to helping with competitions.

If you have talents that could help in any area of the club volunteer for a committee and be a part of making this club a success—call MCFSC @ 838-6720



JOIN US IF YOU DARE
FOR A HALLOWEEN SCARE

HAUNTED HALLOWEEN
**Ice Skating
Costume Party**

SUNDAY OCT 25TH 09
4:40 PM - 6:00 PM
MAYSA Arena

**Games, Prizes &
Snacks**

FREE for all MCFSC Members
\$3.00 non members

Costumes must be comfortable to skate in.

MAGIC CITY FIGURE SKATING CLUB

*NEW—Fundraisers



We have two new fundraisers coming up for the club this fall!! We will be selling Auntie Anne's Pretzels and we will have a clothing sale fundraiser. The pretzel order forms will be handed out the first week of Session B. They are due back ??? We will have an example of the fleece jackets for display during registration. We will also be selling t-shirts, and sweats. If anyone would be willing to help with any one particular fundraiser or if you would like to join the committee, contact Cassie @ 721-7221.

And as always....The club has two very simple, on-going fundraisers. The Our Family fundraiser and the We Care Fundraiser.

The Our Family fundraiser works like this...for every UPC barcode collected from on "Our Family" brand product, Nash Finch will donate 5 cents to the club. Couldn't be easier! So get all your friends and family involved and let's bring some money in for the club!

The We Care fundraiser is just as simple if not more so! When you or your family and friends shop at Marketplace Foods, just tell them to stamp your receipt. They will put a "We Care" stamp on it. That's all there is to it! The club receives a 1% rebate of the total on the cash register tapes. One thing to remember, the receipts expire after one year, so don't hold on to them for too long!



With either one of these fundraisers you can turn them in the next time you register, give them to one of the coaches, or put them in the mail (PO Box 735).



Ice Show

Yes...It's time again to start thinking about and planning the ice show!! The Ice Show is set for March 27th & 28th. Ice Show registrations went out with Session B forms. Please get them filled out and returned by January 4th, 2010. Don't forget to fill out the bottom portion concerning volunteer work. We would like to see each family volunteer for at least one job or committee to help make our show a success.

I want to get a couple reminders out there. You must skate in both session B & C to skate in the ice show. National skaters, ALL skaters can and should take part in the ice show! However, if you would like to be in a specialty number (solo, duo, trio, etc...), you need to qualify. There are many of you that are short on hours for specialty numbers. If you would like to have a specialty number in the ice show make sure you talk with your coach about how many hours you need!! The recommended average per week is 4.5.

Tip Corner

Taken from the US Figure Skating Club official website

Changing Coaches

By Kathy Casey

Reasons for changing coaches: parents think the coach is favoring other skaters; the past year produced mediocre results; the skater was solicited by another coach; the coach is not qualified to take the skater farther; the parents have unreasonable expectations for their child; there are personality conflicts; the coach does not like the skater anymore; or the skater just needs a change.

I urge parents to make sure that their reasons for changing coaches are in the skater's best interest.

When the time has come to change coaches, I suggest you give it another 90 days to make sure your decision is right. During this time everyone involved should make every effort to improve things through open communication and positive change. If all fails, it is time to change. The coach should be the first person notified.

If a coaching change must happen I advise a face-to-face meeting with all parties involved. It should last no longer than 15-20 minutes. Honesty and sincerity are important. The reasons for changing coaches should be discussed, but I do not advise bringing up heated issues from the past. At the time of the meeting all lesson and rink bills should be paid. Kindly thank the coach for everything that he or she has done for the skater, smile and wish them well.

It is a good idea for the new coach to speak with the old coach before any lessons are given. It is imperative that the Professional Skaters Association Code of Ethics is strictly adhered to by all.

The full article is posted on the bulletin board.

Newsletter News



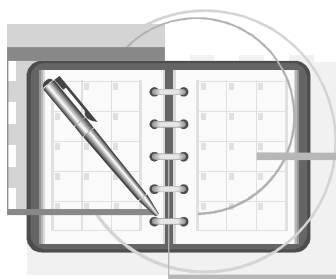
Members and interested others are encouraged to submit items, pictures, and ideas either in person, by e-mail, or by regular mail to the newsletter editor, Cassie Roness @ 721-7221 or gcdshr@min.midco.net.

Magic City Figure Skating Club

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MARK YOUR CALENDARS!!

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|----------------------|----------------------------|
| Halloween Party | Sunday, Oct. 25th |
| Minot Test Session | Saturday, Oct. 31st |
| Bismarck Competition | Sunday, Dec 6th |
| MCFSC Competition | January 9th & 10th |
| Ice Show | Sat and Sun, March 27 & 28 |

Current Board Members

Susan Brekke-Wentz (President), Cassie Roness (Vice-President), Kris Christianson (Secretary), Jackie Best, Glenda Brockell, Jessica Egge, Thea Holm, Connie Johnson, Floyd Lemere, Dave Leslie, Dennis Mikula, and Terra Vann. Please feel free to contact any of these members with comments, concerns, or ideas!

Coaches Bios

Kara Bohan

Kara has been with the Magic City Figure Skating Club since 1999. In that time she has gained experience in Dance, Moves in the Field, Freestyle and Synchro. She has been with the basics program since 2004 and has also coached the bridge, power and synchro classes. Kara offers private lessons in Freestyle, Dance and Moves in the Field.

Kelsey Barney

Kelsey Barney has been a member of the Magic City Figure Skating Club since 1996. She has experience in Freeskate, Dance, Moves in the Field and Synchro. She has worked with the Basic Skills program since 2006. She offers private lessons in all of these areas. Kelsey is a Minot High School Graduate and is a student at Minot State University, where she is studying International Business, Business Management and Spanish.

Kasha Diehl

Kasha Diehl is a down to earth, positive coach who has been teaching for over 18 years. She has been involved in skating as a competitor, performer and coach for over 31 years. She teaches freestyle, moves, choreography and dance and uses a positive approach to her teaching, striving to adapt her teaching style to best meet the needs of each individual student. So each skater feels that their individual goals are first and foremost. With the ultimate goal, of course, to be that each student learns to love skating as a lifetime sport.

Kasha has coached in Minot, Hazen and Mohall. She was Head Pro in Devils Lake for 6 years. She has also coached in Canada for two years and was certified Technical Level One. Kasha holds a BS in Psychology and minor in Political Science. At this time she is no longer taking new students.

Shayna Gibbons

Shayna has been with the Magic City Figure Skating Club both as a skater for 10 years and as a coach for 6 years. As a skater, she was a member of the national champion synchronized skating team for the intermediate division in 1995. She also competed in freestyle and dance as a skater. She now is a co-director for the Basic Skills group lessons. She has been active in the Basics Skills lessons as a coach, co-director and director. She also has coached the power skating class, the synchronized skating class and private freestyle lessons.

When she is not skating, Shayna is busy in her other "jobs". Shayna is a high school mathematics teacher. She also recently earned her Master's Degree in Teaching Mathematics. Her other "jobs" are 1). a mom to a young boy and infant triplets and 2). a military wife. If you would like to contact Shayna, you may email her at shayna_gibbons@yahoo.com or call 838-2282 (between the times of 4 pm and 8 pm).

Barb Kohlman

Barb is a very dedicated, determined, and committed Figure skating professional. She has been coaching ice skating for 18 years now, and has produced many talented figure skaters. She is as compassionate about her coaching as she is about helping her skaters achieve their goals whether they are a recreational or competitive figure skater. During her coaching career she has been fortunate enough to coach National and International Synchronized skating teams, and has coached a number of skaters through their Gold Levels in Moves and Dance. Barb believes that figure skating can be a life long sport, full of many life lessons and beautiful experiences for every girl and boy. Barb loves to teach children of all ages and truly feels it is an honor to be involved in such a beautiful and exciting sport. She teaches groups, semi-privates, singles, power skating, dance, moves in the field and choreography. If you are interested in taking lessons with Barb you may contact her by email: barb.kohlman@gmail.com or by phone at 701.839.1908.

Bridget Montemayor

Bridget Montemayor has 7 years teaching experience in private lessons, 9 years in group classes. Offering lessons from beginner to experienced skaters of all ages for private or semi-private lessons in Freestyle, Dance and Moves-in-the-Field. Former Adult Synchro competitor and Adult Gold Dance competitor. She is a current member of the Professional Skater's Association holding a certification in Power Skating and actively pursuing PSA ratings. Lesson fee schedule available upon request. Contact number: 838-4405

Bruce Montemayor

With 20 plus years teaching experience in group, private and semi-private lessons as well as coaching USFS National Dance competitors, Bruce Montemayor brings a high level of experience and knowledge to MCFSC. Offering lessons to skaters of all ages and levels for Dance and Moves-in-the-Field. A Former USFS National Dance Competitor, he is a USFS Dance Gold Medallist and International Dancer. Bruce is a current member of the Professional Skater's Association (PSA). He is a PSA Rated coach in Dance and Moves-in-the-Field and is certified in Hockey I and II. Lesson fee schedule available upon request. Contact number: 838-4405

